

I will add an appendix to my chronicle, with my wishes regarding the future of my work. This has come to constitute a small empire, and we know how the incomparable empire of Alexander the Great disintegrated after his death due to the disunity of his heirs. And as much as I feel that I am about to leave a good *sangha* of good brothers who carry me in their hearts, it does not seem inopportune to formulate my wishes, in the confidence that they are acceptable to those who have listened to me in my lifetime.

A letter from Vilas and a message from Suzy from the spirit world have coincided, who agree in recommending that I leave my affairs in good order. And I understand it as a manifestation of my wishes regarding those who will be my successors in "the SAT school" (currently a limited society that has been created for the administration of the well-known programs).

If any of my readers were wondering if it is relevant for me to talk about this in what has so far been a chronicle of my recent years, my answer is that, apart from being an inclusive autobiographical document, it has occurred to me that this book may be, by its public nature, a more appropriate place than a filing cabinet in a lawyer's office as a testimony of my wishes.

1 I begin with the SAT school in Spain. If I ask myself who should be at the head of this activity, it seems to me that not a single person, but a group that until now has worked in an increasingly coordinated way: Javier de la Luz, its manager, Monica Bustos, its secretary, Francis Elizalde, patron of the FCN and Ginetta Pacella, who knows my feelings and preferences well.

2 I continue with the SAT in Italy, which was created by Ginetta, my spiritual daughter of whom it seems to me that it should continue to be her territory.

3 Regarding the SAT in Mexico, it seems to me that Gerardo Ortiz is the most competent authority, except that now the SAT programs will be part of the education and psychotherapy programs at the university institute of which Ruben Dominguez is rector, who will be in charge of complementary online academic training of interested educators or therapists.

4) In Brazil, the SAT now works under the direction of Fátima Caldas, and when I am not longer here, I recommend the support of Ginetta and Grazia.

5) In the US, Cynthia Merchant intends to organize SAT programs in California, where my work was born, and has agreed to continue to do so under Grazia's supervision. I think it is a good structure and I recommend being faithful to it.

6) In Chile, Grazia has been the director of the Gestalt Viva School, and more recently she has been directing a new federation of Gestalt Viva schools. For when I am not among the living, I hope that her remarkable contribution will continue to be appreciated.

7) Gerardo Ortiz has brought SAT programs to Peru and paved the way for others in Panama. It seems natural to me that he is the one who directs and accompanies them in their development.

8) The SAT School arrived in Russia through programs sponsored by Yulia Chupina, a philanthropist and manager who has come to implement SAT programs in Russia despite many obstacles. She has been supported especially by Ginetta, and for when I am not here, I trust that she can also turn to Claudio Billi.

9) In Argentina the SAT program was born through Lidia Grammatico, a talented therapist who got enthusiastic with my vision, although for some years now, and feeling that my energies were declining, she had to continue without me. Lidia herself shares my great appreciation for Claudio Billi, and appreciates his supervision as well as other collaborations, and I think it's good that it continues like this, with the possible additional collaboration of Maurizio Cei.

10) The SAT program has also been taken to Uruguay and is currently directed by Maurizio Cei. For when I am gone, I hope that he can count on the support of Claudio Billi.

11) Regarding Germany, I must begin by saying that my work never prospered in Germany, I never felt at home in a German group to the same extent as in other places, and it does not seem to me that I have had followers, but only very intelligent as well as demanding clients, whom I cannot entirely blame for their conviction that all leadership should be mistrusted. Katrin Reuter and Cheriff Chalakani have organized the SAT programs, and it does not seem reasonable to me that others do this, but it is convenient that their work be supervised and accompanied by people like Betina, Grazia and Claudio Billi.

12) Regarding the FCN, I am very happy that Grazia has been at the head of the education department, and I think she is the person who can best present my vision regarding the transformation of education. Javier de la Luz has been a very competent manager and also very sensitive to my preferences, and I recommend him whole-heartedly.

It is my impression that in the SAT community my wishes have become wills, and that is precisely why I have had so much influence. I would not need what I have just written if I think of those who know my work, and those I have named, but we know that when a will is opened false heirs appear. I hope that clarity in the expression of my wishes will help my true heirs - for the good of the world.

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